

# **KLOISTERS KINDERGARTEN**

## **Safeguarding and Welfare Requirement: Safety and Suitability of Premises, Environment and Equipment**

### **Safe Sleep Policy**

#### **Purpose**

The purpose of our safe sleeping policy is to maintain a safe sleep environment that reduces the risk of sudden infant death syndrome (SIDS). Our policy requires the Room Leader to discuss our safe sleeping procedures with a child's parent/carer before admission and to gain information about sleep patterns and routines at home. All parent/carers will sign a copy of our safe sleep policy to say that they understand and their child's Room Leader or key-person has discussed the policy with them.

It is important that all parents/carers and practitioners are aware of safe sleep procedures and we work together to ensure children's safety is maintained at all times when sleeping.

Kloisters Kindergarten will practice the following safe sleep procedures:

- All practitioners will be made aware of how to keep children safe whilst they are sleeping.
- All parents/carers will be made aware of our safe sleep procedures before their child starts the setting.
- Babies and older children will be placed on their backs to sleep, but if their development levels allow them to easily turn over from the back to the stomach, they will be allowed to adopt whatever position they prefer to sleep.
- Visual and auditory checks will be made on all sleeping children every ten minutes. This will be logged on a sleep chart by practitioners. This will be displayed next to all sleep areas.
- Temperature of sleep areas will be monitored to ensure that children are comfortable whilst sleeping and do not over heat.
- Cots and beds will be checked regularly to ensure that they are safe, clean and are approved for the age of the child sleeping in them.
- Unless signed permission is given by parents/carers all children will sleep on a flat surface. We provide cots and low level stackable beds in our baby room. All other classes have a flat cosy area and stackable low level beds for sleep. We do however recognise that some children may fall asleep in bouncers or buggies. In such situations when this happens the child will be carefully monitored to reduce any risk and moved to a cot where possible.
- If parent/carer decides that they want their child to sleep in a buggy or flat pram which is against our safe sleep procedures, then they will sign an individual agreement to this effect.
- A child's head will never be covered by blankets or bedding and cots will not be covered. Individual bedding will be provided which will be laundered daily. We do recognise that for some children their sleep requirements may go against our policy

and in these circumstances we will liaise with parents/carers sensitively to come to a mutual agreement which will always be documented and signed for by parents/carers. The staff members will be informed that are working with this child.

- Cot bumpers and pillows will not be used. If a blanket is used we will make sure that the baby's head is uncovered and the blanket will be tucked in no higher than their shoulders.
- Soft toys or teddies will not be given to children in cots unless this is a small comforter from their home environment.
- Only one child will be placed in a cot or bed at a time.
- A **NO** smoking policy operates on the grounds of the setting/school and any practitioner choosing to smoke on their breaks will not return to work smelling of smoke and every effort is made to reduce the effect of the odour and lingering effects of passive smoking for children and colleagues.
- Safety approved mattresses are provided with a tight-fitting sheet.

Policy Links : All safeguarding Policies

This policy was amended by	<u>Kloisters Kindergarten</u>	<i>(name of provider)</i>
Reviewed on	<u>10/05/2018</u>	<i>(date)</i>
Date to be reviewed	<u>05/2019</u>	<i>(date)</i>
Signed on behalf of the provider	<hr/>	
Name of signatory	<u>Mrs N Bromley</u>	
Role of signatory (e.g. chair, director or owner)	<u>Manager</u>	

I, the undersigned parent/carer of .....(Child's name)

do hereby state that I have read and discussed Kloisters Kindergarten's Safe Sleep Policy with the Room Leader or Manager.

Child's Date of Admission .....

Parent/carer's signature .....

Parent/carer's printed name .....

Date signed .....